

explore island lake c.a.



CVC TRAIL RATINGS*



Easy – Surface is generally flat with wide turns and some gentle rolling sections. Firm and stable surface. Minimal obstacles such as tree roots, rocks and stairs. Some experience recommended.













Moderate – Surface is generally hard-packed with some loose material. Some short, steep rises with sharper turns. Unavoidable obstacles and stairs may be part of the trail. Some experience recommended.

Island Lake CA is our first park to complete a recreational trail rating system for hiking and biking.

For more information on physical characteristics of trails at Island Lake, visit cvc.ca/ILCATrailRating

**Assigned trail ratings are a guideline only.*

-  Vicki Barron Lakeside Trail - 8.2 kmtrail rating: 
-  Island Lake Family Trail - 0.7 kmtrail rating: 
-  Hockley Trail - 1.5 kmtrail rating: 
-  Sugar Bush Trail - 2.3 kmtrail rating: 
-  Memorial Forest Trail - 1.9 km.....trail rating: 



Vicki Barron Lakeside Trail

Park visitors can **connect** with nature on the Vicki Barron Lakeside Trail (VBLT). Enjoy this community trail for free when you use active transportation. And while you enjoy, remember the trail must be maintained and monitored. Help **protect** the trail you love by becoming a parks member. A membership helps keep our natural spaces **protected and healthy**. It supports park programs, and gives you discounts and year-round access. For more info, visit cvc.ca/VBLT